

What is Young Herts Talent?

Mentoring, Group Work,
Opportunities and More!



Hear from other **YHT** young people on why you should join the programme:

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I now realise I am good at things. I used to back out of situations and I now go out of my comfort zone because it will be more beneficial in the future. – Lisa

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I would say to a young person thinking about joining the programme that it helps a lot because you can talk about anything. It's time away from the normal school day and you don't have to worry about talking to someone you aren't comfortable talking to, you can just be there and relax. – Summer

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To any other young people who aren't too sure about YHT or don't want to take part, I think you're missing out on a lot. I think you should just go, you won't regret it. You'll regret it if you don't take part because it will make your school life and your home life much better. – Ryan

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I feel very lucky to have been part of this programme and if anyone gets the opportunity to take part, make sure you do, because it helps you so much knowing that if anything goes wrong or you're struggling, you always have somebody to speak to. – Sarah

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If you want to find out more, talk to the **YHT** Pathways Coordinator in your school.